

Key Dates

Last Day of Term 1
Thursday 7th April

First Day Term 2
Tuesday 25th April

Richmond Hill Community Preschool

NEWSLETTER FEBRUARY 2016

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ANNUAL GENERAL MEETING 2016

Our AGM will be held Tuesday 1st March 2016pm.
The meeting will be held at preschool and the agenda is as follows

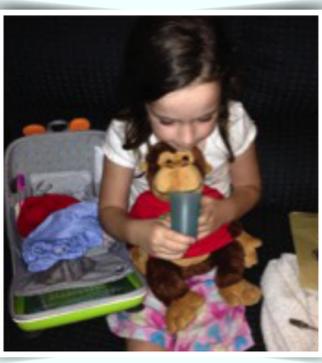
Item	Description	Responsible
1	Welcome and introductions	President/Chairperson
2	Apologies	Secretary
3	Review of actions from previous annual general meeting	President/Chairperson
4	Acceptance of minutes of previous annual general meeting	President/Chairperson
5	President/Chairperson's report	President/Chairperson
6	Treasurer's report	Treasurer
7	Questions to directors	President/Chairperson
8	Proposed resolutions	President/Chairperson
Proposed resolution		Moved by
How long to archive minutes & reports until destroyed – 6 years proposed by how they are currently filed		
9	Acceptance of financial statements	Treasurer
10	Acceptance of annual report	President/Chairperson
11	Appointment of and questions to the auditor	Treasurer
12	Election of office bearers	
Complete documentation for Police Checks etc		Returning officer
13	Meeting close	President/Chairperson



FAMILY PHOTOS

The children enjoy looking at the photos and pointing out their family to other children and staff.

Please bring in a photo of your family to add to our collection.



Gibson Gorilla

We have a Preschool Pet called Gibson Gorilla that will be given out over Term 1 & 2. Gibson builds relationships and helps children learn about responsibility.

How? He will have countless 'sleepovers' with our children and their families. He will build up a journal of photos and stories for everyone to share, which will honour the culture of each family...

- belonging* to all,
- being* with each child and
- becoming* the 'heart' of your organisation
- Concepts from the EYLF Australia

Gibson comes with his own back pack, preschool clothes & hat, pyjamas & dressing gown. He also has a journal for you to record your time with Gibson and a lovely book to read. Each Preschool family will have an opportunity to take Gibson home for a week. Children going to school next year have a week allocated on the calendar next to the sign on. It is extremely important that Gibson is returned the following week of Preschool as it can cause distress to the next child on the calendar if Gibson is forgotten. Any questions please see Maureen or Shae.

Our Program in Term 1

Our program, based on the interests and needs of the children, has been stimulating and varied this term.

Journals are always available for you to look at and are found on the large brown table. We welcome comments and suggestions so please give us some feedback.

In small groups we have had discussions about families, the routine and being kind to others as well as activities about body awareness, emotions and name recognition. Gross motor activities involved jumping, throwing, catching and bouncing a ball, hopping according to age, rocking on a large gym ball, jumping with the hopper balls, animal walks such as bear and rabbit and balancing on the balance board and slack lines. At craft time the children have been painting cylinders, pasting, drawing with wet chalk, painting with cotton buds, snipping with scissors and stamping with recycled objects.

Vacancies filling fast!
If you would like another day for your child please let us know ASAP. Our days are quickly filling and it can be difficult to secure your desired day as the year progresses. If you have friends or family that are considering Preschool for their child please tell them to contact us ASAP.

Physical Activity
Children need to be active to maintain strong bones, good muscle strength and a healthy weight. Children are naturally active - they simply need encouragement, ideas and suggestions for activities. Toddlers and preschool children should be physically active for at least three hours each day, and this activity should be spread throughout the day. Try free play in playgrounds or sandpits,

riding a bike or scooter, going for a family walk or starting a veggie patch and working in the garden.

More Fruit and Veg: give us the edge
We know fruit and veg are just full of goodness but sometimes it's a challenge to get kids trying out that goodness. We also know that kids love helping out in the kitchen and are more likely to eat what they have helped to prepare or cook. Let your kids be chef and try out these simple but wonderfully colourful and full of goodness recipes.

Rainbow coloured fruit cocktail cups (serves 4-6)
Choose a variety of five colourful fruits that are in season. Chop into bite-sized pieces. Serve in a large family sharing bowl or into medium sized cups. Add spoons and enjoy!

The miracle of water!
Water is an essential nutrient for life, needed for our bodies to keep working well. Our bodies constantly lose water through the skin and lungs, and even more so in the hot summer months. We want our kids to be active every day, but active kids can become dehydrated more easily than adults, so it's important they drink frequently throughout the day. The Australian Dietary Guidelines, Australian childhood obesity experts and dentists recommend water as the best drink for children over 2 yrs of age. Plain water provides fluid without any kilojoules. We encourage the children to swish & swallow frequently during Preschool. All water bottles are topped up twice a day so your child is consuming a regular intake of water during the day. Water is the only fluid your child needs during Preschool hours, so please leave out juice, cordial or soft drink for a 'sometime' occasion.

Fast Veggie Spaghetti with Magic Fairy Dust

- Fast Veggie Spaghetti with Magic Fairy Dust (serves 4-6)
- 1 small onion, 1 small carrot, 1 celery stick, – all sliced
 - 1 small zucchini, ½ red capsicum, – diced
 - 570g tomato based pasta sauce
 - ¼ cup grated Parmesan cheese (Magic Fairy Dust)
 - 500g spaghetti or other pasta
 - 2 tsp vegetable oil



Cook pasta according to packet directions & drain. Heat oil in a saucepan, add onion & cook until soft. Add all other veggies & stir until mixed. Lower heat, cover & cook for 5-7 minutes. Add pasta sauce to veggie mix & heat through. Serve veggie mix over pasta in a large family size bowl. Sprinkle with Magic Fairy Dust! (Grated Parmesan cheese).

Alternative Collection Arrangements

From time to time you may need a friend or family member to collect your child. This needs to be recorded in writing on your Enrolment form under 'Authorised Nominees'. If possible please put the person's details on the sign on sheet under 'alternative collection arrangements' on the day. In the interest of child safety the person collecting your child may need to produce identification. **Parents are always welcome to discuss their child's education and care at any time with the Supervisor.**

Yoghurt Satchets

Your child may have requested their yoghurt comes to Preschool in a container rather than a satchel. We are supporting this new found independence as it supports your child to make the transition from Preschool to Primary School. Eating yoghurt from a container with a spoon helps your child with:

- Hand eye coordination** - to get the yogurt from the container to their mouth
- Independence** - the satchels are difficult to open and require an adult's assistance
- Pre-mathematics** - working out how much yoghurt to put on the spoon to ensure success

FEES FOR TERM 1 HAVE BEEN ISSUED ELECTRONICALLY TO YOUR EMAIL. THE BALANCE MUST BE PAID BY WEEK 5, FRIDAY 4TH MARCH 2016.

Fees are payable by account and these are to be sent out by the Bookkeeper at the beginning of each term. These may be paid in full or by installments. Fees are due by week 5 if paid in full which is 5 weeks in arrears and 5 weeks in advance. Regular installments are acceptable.

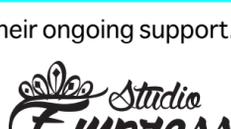
Fees can be paid by internet banking to the preschool account which is the preferred method, or by cash in the fees tin. If paying by cash please write the amount in the fees book and sign it. For your protection the amount must be checked and signed in the cash book by a staff member.

Statements will be issued regularly via the children's pockets.

Child Care Receipts are issued if requested for parents who work or study.

If no payment has been received by week 5 the account is considered to be overdue and an installment will be received immediately. No child can return to preschool over the beginning of term if their previous terms fees remain outstanding unless prior arrangements have been made with the committee.

Richmond Hill Community Preschool appreciates our Community Partners for their ongoing support.



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