

Richmond Hill Community Preschool

NEWSLETTER NOVEMBER 2015

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FIRST DAY OF 2016 TERM 1 MONDAY 1ST FEBRUARY

Key Dates

Last Day of Term
Tues 15th December

End of Year Concert
Tues 15th December (1pm finish)

Bookclub Order
Due back 24th November



Working Bee

A big thank you to all the families who came to our Working Bee in Week 2. Our Preschool looked amazing for our Open Day.

A special mention to the Cooper & Paisley families who sourced materials and built the new shelving for our equipment shed. We are so lucky to have handy families that can donate their time to improve our Preschool.



Picture plate Products

These products have a 9 week turnaround and should arrive in early December



Log-in to www.scholastic.com.au/LOOP or download our NEW iPhone and iPad app from the App Store!

- For a quick start, just click on ORDER in the top menu or REGISTER first to save your details for next time
 - Select your school and your child's class
 - Add your child's first name and last initial (so the school knows who the book is for)
 - Enter the item number from the Book Club brochure
 - You can order for multiple children at once if they attend the same school
 - All orders are linked directly to the school for submission to Scholastic. Books will still be delivered to your child's classroom if you order by the close date
 - There's no need to return paper order forms or payment receipt details to your school!
- For a quick how-to-order video, log-in to www.scholastic.com.au/LOOP and click on HELP in the top menu.

Song

The children are learning this song and will enjoy singing it to you.

With tuppence for paper and strings
You can have your own set of wings
With your feet on the ground
You're a bird in a flight
With your fist holding tight
To the string of your kite

Oh, oh, oh
Let's go fly a kite
Up to the highest height
Let's go fly a kite and send it soaring
Up to the atmosphere
Up where the air is clear
Oh, let's go fly a kite

Did you know our Preschool utilises our Facebook page to issue reminders, publish photos of the day and general communication? Please like our page and share our posts.

'Richmond Hill Preschool'

Our Program in Term 3

The overview of the Term's program is on display at the sign on area. Our spontaneous learning activities are added to the whiteboard to show how we have explored and extended the children's learning. We appreciate family involvement and encourage the children to bring in objects they have found from their environment, this week we learnt about snakes!

Intentional Teaching

Numerals: Counting by rote, name and selects numerals, numeral memory
Opposites: analogies (summer is hot, winter is.....) build the foundation blocks to establish reading
Sequencing: helps build literacy and scientific inquiry skills

Vocabulary Building: learning new words for body parts, eg. Eyebrows, eyelashes, nostrils.

Similies: Early understanding of similes aids creativity as children are able to classify and describe objects by their common features.

Taste or hear: Children focus on individual senses and are encouraged to compare and contrast how we use those senses.

Rhyming: This helps children to detect the phonetic constituents of words.

Comprehension: Reading books and recalling events in order. Children also increase their memory skills when they answer questions about the book they have just listened to.

Parents are always welcome to discuss their child's education and care at any time with the Supervisor

Committee Announcements

Commencing in Term 1 2016, the committee has voted to appoint Shae Bleakley as the Director of Richmond Hill Community Preschool.

Aimie Gibson will continue as the Educational Leader in a permanent role.

Due to increasing Operating Costs Fees for 2016 will increase by \$1.

Fees for 2016 will be as follows:

Health Care Card Recipients/ Aboriginal or Torres Strait Islanders \$17

Children in the year before School (turning 4 years before 31st July) \$34

Three year olds \$39

Commencing 2016 our Preschool has extended the Operation Days to include Thursdays. This is a 12 month trial basis and will be dependent on enrolment numbers for continuation in 2017.

End of Year Concert
Our last day of Term, Tuesday 15th December at 12noon sharp will be the End of Year Concert. The children will be presenting a special Australian bush story and singing songs.

We ask all families to please bring a plate for a shared lunch after the concert. The day will finish at 1pm so staff can clean and pack away equipment for safe storage over the holidays.

This will be the last day for children for 2015.

Leaving Preschool in 2015

Best wishes to those children who are excitedly going off to Primary School in 2016:

Ayla, Charlie, Dallas, Eavie, Emily, Jack, Josiah, Kealey, Lily, Marlie, Ruben and Ruby.

Clothing

With the warmer weather approaching we engage in more water play experiences so please remember to send your child with a full change of spare clothing (labelled). Don't forget our Sun policy which recommends a WIDE brimmed hat and sleeves that cover shoulders.

Preschool have cancer council approved hats for sale \$20 each. Please no baseball caps or singlet sleeves.

School Photos

Helen Wallace has returned all photos ordered. If you need to get in contact with Helen please contact her directly:

6689 5559 or 0401 179 228

Growing Muscles

As children grow and get closer to school age they need lots of practise to develop their muscles.

You can help your children with this development by encouraging climbing, running, hopping and jumping. For the finer hand muscles using pegs on an ice cream container, using a spray water bottle, lego/ duplo, scissor cutting practise assists these muscles to get strong. For the muscles needed for speech and articulation eating whole apples and carrots can help these muscles to develop.

Transition to school

For those children making the transition to school in 2016 the Educators begin to talk about 'Getting ready ' for Primary School.

To help with the transition you can help by:

- Giving simple verbal instructions 'Go to the kitchen and get my blue pen from beside the phone please'
- Playing a game that requires turn taking and abide by the rules
- Sing songs together with rhyming words eg one two buckle my shoe
- Recognising shapes and colours in the house
- Bring a number of objects on request eg 4 spoons, 5 cups
- Practise using scissors and drawing a person
- Complete a complex jigsaw puzzle together 20 pieces
- Vocabulary Building - Explaining moderately complex words (unique, absurd, expand)
- Playing games that help with 'Working Memory' eg When I went shopping

Cash-free Preschool in 2016

Starting from Term 1 in 2016 this Preschool will no longer accept any cash payments. You can make payments via internet banking to our account or direct deposit at the St George Bank.

This includes fees, excursions (these will be added to your term fees), incursions, fundraising and book club (please use LOOP).

Richmond Hill Community Preschool
BSB: 112-879
Account: 109123645

For Panicky Parents with Fussy Eaters

Ten tips to keep you sane!

'My kids won't eat vegetables!' 'How can I get my preschooler to eat new foods?'

Do the above phrases sound familiar to you? Do you have kids that are fussy, or unwilling to try new foods? Why not try our 5 golden rules?

1. Children are likely to mimic the eating habits of their parents, so set a good example. Eat healthy foods (and look like you are enjoying them!). Do not make disparaging comments about foods you don't like. If your kids know you don't like it, they will be less willing to try it themselves.

2. Kids have small stomachs, so small meals with snacks in-between are easier for them to handle than three big meals a day. Try not to pile food onto your children's plates.

3. Children thrive on routine, so make sure to keep your mealtimes regular. Try serving the same meal a few times a week with a little variation once you find something that they really enjoy.

4. Bribes (such as 'Eat you Brussel sprouts if you want ice-cream') tend to backfire over time. Children may consume an unappetising food (or medicine) in order to obtain a reward, but that doesn't mean that they will start to like the food. Such bribes can in fact cause children to intensely dislike the food they are being bribed to eat, and to increase their preference for the prize food.

5. Don't fill your kids up on fluid (juice, milk, cordial, and even water) just before a meal. Their stomachs will feel full and they will not want to eat.



Working Memory & its impact on Children's learning

www.modearnspeeche.com.au

Researchers estimate that about 10-15% of children at school have working memory problems, but these are often misidentified as deficits of attention or intelligence (Holmes, 2009). When we talk about "working memory" what we are referring to is the ability to hold and mentally manipulate information in our mind over short periods of time.

It is a cognitive process that we need to use in order to meaningfully participate in many everyday activities, such as having conversations, following instructions, reading unfamiliar words or doing mathematical equations in our head. Working memory difficulties often co-exist with other issues, such as dyslexia, dyspraxia and ADHD but they can also be a stand-alone problem.

Signs of poor working memory in children...

Typically, children with poor working memory:

- are well-adjusted socially
- are reserved in group activities in the classroom, rarely volunteering answers and sometimes not answering direct questions
- behave as though they have not paid attention, for example forgetting part or all of instructions or messages, or not seeing tasks through to completion
- frequently lose their place in complicated tasks that they may eventually abandon
- have difficulty getting started on tasks
- forget the content of messages and instructions
- are considered by their teachers to have short attention spans and also to be easily distracted.

Strategies to help children with working memory difficulties...

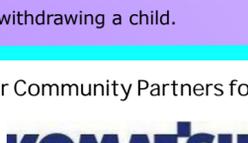
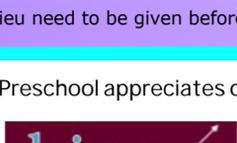
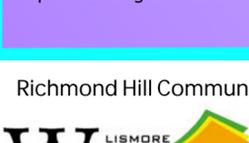
There are some simple strategies parents and teachers can use to reduce the memory load of children who have working memory difficulties:

- Repeat information as required
- Break tasks and instructions down into smaller components
- Use gestures when speaking
- Promote regular reminding of what they need to do next to finish a task
- Encourage children to ask questions when they have lost their way
- Ask children to repeat key information back

Term 4 Fees are now OVERDUE.

Please note our fee policy states: Fees are payable by account and these are to be emailed at the beginning of each term. These may be paid in full or by installments. Total fees are due by week 5 or the invoice date if paid in full which is 5 weeks in arrears and 5 weeks in advance. Regular installments are acceptable. Fees can be paid by internet banking to the preschool account which is the preferred method, or by cash/CHQ in the fees tin. If paying by cash please write the amount in the fees book and sign it. For your protection the amount must be checked and signed in the cash book by a staff member. Statements will be issued regularly via email. Child Care Receipts are issued if requested. If no payment has been received by week 5 the account is considered to be overdue and an installment will be required immediately. No child can return to preschool at the beginning of term if their previous terms fees remain outstanding unless prior arrangements have been made with the committee. Two weeks notice or two weeks fees paid in lieu need to be given before withdrawing a child.

Richmond Hill Community Preschool appreciates our Community Partners for their ongoing support.



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